

4. VCM Pop-up-Run 2020

Zieleinlaufliste VCM Pop-up-Run - 5k

Platz	Startn	Name	Jahrg	m/w	AK	Verein	min/k	km/h	Zeit
VCM Pop-up-Run - 5k									
1.	18	Josia Nusser	1994	m	1. MH	TSV Fischbach e.V.	3:25	17.5	17:07,0
2.	563	Thomas Poms	1981	m	1. M 35	athletic.paramedic	3:25	17.4	17:10,0
3.	243	Kristoffer Linna	1986	m	1. M 50	Lcc Wien	3:30	17.0	17:34,0
4.	558	Sebastian Harding	1992	m	2. MH	Adidas Runners Vienna	3:31	17.0	17:39,0
5.	555	Alexander Bichl	1979	m	1. M 40	Raiffeisenbank Zwettl / LC	3:37	16.5	18:09,0
6.	244	Erich Hahn	1975	m	1. M 45	Lt Grafenegg	3:43	16.0	18:40,0
7.	569	Pavel Nikulin	1977	m	2. M 40		3:51	15.5	19:17,0
8.	553	Lukas	1990	m	1. M 30	Adidas Runners Vienna	3:51	15.5	19:17,0
9.	240	Roman Waldner	1976	m	3. M 40	Young-Ung Taekwondo	3:54	15.3	19:32,0
10.	222	Daniel Ott	1988	m	2. M 30	B Fast Trainingsplanung	3:57	15.1	19:49,0
11.	221	Alina Mesli	1997	w	1. WH	B-Fast	3:58	15.0	19:54,0
12.	242	Igor Rusinov	1990	m	3. M 30		4:01	14.8	20:10,0
13.	208	Christian Ritter	1998	m	3. MH		4:02	14.8	20:13,0
14.	568	Marc Wehran	1996	m	4. MH		4:03	14.7	20:20,0
15.	217	Thomas Pohnke	1990	m	4. M 30		4:05	14.6	20:26,0
16.	210	Maximilian Ott	1999	m	5. MH		4:05	14.6	20:29,0
17.	110	Aristide Police	1984	m	2. M 35		4:10	14.3	20:51,0
18.	564	Sabine Treffner	1986	w	1. W 30		4:17	13.9	21:30,0
19.	234	Bernhard	1983	m	3. M 35		4:20	13.8	21:43,0
20.	236	Alexander Tarasov	1987	m	5. M 30		4:25	13.5	22:10,0
21.	241	Mia Waldner	2011	w	1. WU12	Young-Ung Taekwondo	4:26	13.5	22:11,0
22.	229	Iulian Stefan Coman	1990	m	6. M 30		4:32	13.1	22:45,0
23.	3	David Heger	1984	m	4. M 35	LV-Marswiese	4:36	13.0	23:04,0
24.	556	Christian Fischer	1988	m	7. M 30		4:44	12.6	23:44,0
25.	232	Josef Skarek	1982	m	5. M 35	LC Kapelln	4:46	12.5	23:52,0
26.	209	Jinshan Qian	2000	m	6. MH		4:48	12.4	24:04,0
27.	4	Thomas Kowelka	1968	m	2. M 50		4:52	12.2	24:24,0
28.	552	Michael Kozeluha	1964	m	1. M 55	adidasrunners Vienna	4:52	12.2	24:25,0
29.	17	Leyla	1979	w	1. W 40		4:57	12.1	24:47,0
30.	233	Paul Kressnik	1991	m	7. MH		4:58	12.0	24:51,0
31.	105	Andrea Lützow	1968	w	1. W 50		4:59	12.0	24:56,0
32.	565	Xandi Langer	1963	m	2. M 55		5:06	11.7	25:35,0
33.	551	Sarah Öhlzelt	1998	w	2. WH	adidas Runners Vienna	5:08	11.6	25:45,0
34.	112	Anna Bellmond	1993	w	3. WH		5:09	11.6	25:46,0
35.	205	Gerda Guenzl	1965	w	1. W 55	LC Falsche Hasen	5:10	11.5	25:54,0
36.	203	Sybille	1974	w	1. W 45		5:11	11.5	25:57,0
37.	219	Helga Allacher	1971	w	2. W 45	ULT Gols	5:11	11.5	25:59,0
38.	567	Sepideh Kakavand	1996	w	4. WH	Adidas	5:12	11.5	26:03,0
39.	13	Alfred Guszmann	1966	m	3. M 50		5:12	11.5	26:04,0
40.	9	Bettina Engel	1982	w	1. W 35		5:14	11.4	26:11,0
41.	8	Gundi Decker	1986	w	2. W 30		5:14	11.4	26:11,0
42.	223	Michael Binder	1981	m	6. M 35		5:15	11.4	26:16,0
43.	557	Gerhard Nositzka	1966	m	4. M 50	Adidas Runners Vienna	5:15	11.4	26:18,0
44.	100	Babsi Wallner	1970	w	2. W 50	Wien	5:15	11.4	26:19,0
45.	15	Andreas Pircher	1966	m	5. M 50		5:15	11.3	26:19,0
46.	108	Alfred Lukas	1945	m	1. M 75	LC Strasshof	5:20	11.2	26:45,0
47.	102	Alexander Hübel	1968	m	6. M 50		5:21	11.2	26:47,0
48.	561	Andrea Kracker	1992	w	5. WH		5:22	11.1	26:51,0
49.	24	Silvia Polesny	1980	w	2. W 40		5:22	11.1	26:52,0
50.	216	Werner Koisser	1975	m	2. M 45		5:23	11.1	27:00,0

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51.	5	Amon Shokhin	1997	m	8. MH		5:25	11.0	27:06,0
52.	23	Heinrich Kaldarar	1971	m	3. M 45		5:25	11.0	27:06,0
53.	207	Elisabeth Steiner	1977	w	3. W 40	Vienna Danube Runners	5:26	11.0	27:12,0
54.	115	Martin Feiler	1994	m	9. MH		5:26	11.0	27:14,0
55.	10	Gertrude	1955	w	1. W 65	Freunde des Laufsports	5:27	10.9	27:20,0
56.	211	Biljana Graf	1976	w	4. W 40		5:30	10.8	27:33,0
57.	212	Andreas Graf	1972	m	4. M 45		5:30	10.8	27:33,0
58.	19	Irene Schmidt	1966	w	3. W 50		5:31	10.8	27:38,0
59.	218	Angela Voko	1969	w	4. W 50		5:32	10.8	27:43,0
60.	103	Luca Hübel	2006	m	1. MU 16		5:33	10.7	27:50,0
61.	559	Sadi Schuelke	1990	w	3. W 30	Adidas Runners Vienna	5:36	10.6	28:03,0
62.	224	Jennifer Resch	1987	w	4. W 30		5:36	10.6	28:05,0
63.	104	Angelika Elsik	1969	w	5. W 50		5:37	10.6	28:07,0
64.	109	Mowlam Renate	1973	w	3. W 45		5:37	10.6	28:09,0
65.	107	Liuying Cao	1988	w	5. W 30		5:39	10.6	28:17,0
66.	204	Günther Übellacker	1971	m	5. M 45		5:39	10.5	28:20,0
67.	554	Melanie Fischer	1986	w	6. W 30		5:42	10.5	28:33,0
68.	111	Michelle Schütz	1994	w	6. WH		5:44	10.4	28:44,0
69.	202	Christian	1976	m	4. M 40		5:48	10.3	29:05,0
70.	237	Monika Ableidinger	1973	w	4. W 45		5:50	10.2	29:11,0
71.	562	Barbara Wild	1979	w	5. W 40		5:56	10.1	29:42,0
72.	16	Rowena De Austria	1969	w	6. W 50		6:05	9.8	30:27,0
73.	2	Manuela Ruiner	1966	w	7. W 50		6:06	9.8	30:35,0
74.	220	Markus Wegebauer	1976	m	5. M 40		6:09	9.7	30:48,0
75.	238	Renate Eckelhart	1973	w	5. W 45		6:11	9.6	30:58,0
76.	6	Stefan Rubenz	1975	m	6. M 45		6:16	9.5	31:22,0
77.	215	Rudolf Schöberl	1972	m	7. M 45		6:17	9.5	31:27,0
78.	239	Andrea Hirsch	1972	w	6. W 45		6:22	9.4	31:51,0
79.	200	Iris Gruber	1981	w	2. W 35	MANFREDS	6:23	9.3	31:56,0
80.	22	Manfred Hampl	1962	m	3. M 55	WATV	6:33	9.1	32:48,0
81.	235	Olivia Zehetner	1969	w	8. W 50		6:34	9.1	32:52,0
82.	375	Sabine Xxx	1973	w	7. W 45		6:48	8.8	34:02,0
83.	21	Mercedes Ruiz	1989	w	7. W 30	VCM Ambassadors	6:50	8.7	34:13,0
84.	106	Peter Ziegler	1951	m	1. M 65		6:55	8.6	34:38,0
85.	201	Nicole Kotuszewski	1977	w	6. W 40		7:22	8.1	36:51,0
86.	231	Sara Rakowitsch	1997	w	7. WH		8:08	7.3	40:41,0
87.	230	Birgit Rakowitsch	1965	w	2. W 55		8:08	7.3	40:42,0

Anzahl Teilnehmer: 87